

Grace-Focused Life Coaching is a D.I.R.E.C.T. Approach to Effectively Reach the Heart.

Doctrinally Reformed Coaching centered on Biblical Grace and Truth: It is really about Jesus **in** us, not our own abilities as 2 Timothy 1:9 says, “who saved us and called us to a holy calling, not because of our works but because of his own purpose and grace, which he gave us in Christ Jesus before the ages began.” *The gospel of grace is not just about us—it’s about the glory of God. It’s about realizing our gifts and boasting in the gospel while being used—even in our brokenness—to further His Kingdom.*

Incarnational Questions & Listening are acts of grace in line with Jesus asking in Mark 10:51, “What do you want me to do for you?” and the declaration in James 1:19, “let every person be quick to hear, slow to speak, slow to anger.” *There is more of the work of Christ in us than we realize, and it’s time for us to call that out of each other. If not us, who? If not here, where? If not now, when?*

Revelation of the Holy Bible is the final authority in the life of the Grace-Focused Coach as stated in Acts 20: 32, “And now I commend you to God and to the word of his grace, which is able to build you up and to give you the inheritance among all those who are sanctified.”

Evidence-based ministry in the tradition of Hebrews 13:7-9, “Remember your leaders, those who spoke to you the word of God. Consider the outcome of their way of life, and imitate their faith. ⁸ Jesus Christ is the same yesterday and today and forever. ⁹ Do not be led away by diverse and strange teachings, for it is good for the heart to be strengthened by grace, not by foods, which have not benefited those devoted to them.”

Celebrating the grace of God in people’s lives as Hebrews 4:16 reminds us,” Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.”

Tips of grace to those desiring Christ-centered edification because *Good coaches do not try to coach everybody; they find their niche and work within their area of specialty and conviction (Gary Collins)*, which is consistent with Colossians 4:6, “Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.”