

# How can OMPC's Shepherding & Mercy Ministries help you?

## 24/7 EMERGENCY REFERRALS

If you are in crisis and need immediate help, call 9-1-1, or call 1-800-273-TALK (8255) or the Crisis Center Hotline at 205-323-7777 [crisiscenterbham.com](http://crisiscenterbham.com)

## IF YOU NEED SPIRITUAL HELP

If you sense that you need to receive and rest upon the Savior who is our Lord Jesus Christ, then follow the Gospel Steps to Life at [evangelismexplosion.org/resources/steps-to-life/](http://evangelismexplosion.org/resources/steps-to-life/) or you can call the Billy Graham Evangelistic Association at 1-877-247-2426 or email [help@bgea.org](mailto:help@bgea.org).

## IF YOU NEED FINACIAL COUNSELING

- Crown Financial Ministries MoneyLife Coaching at [crown.org](http://crown.org)
- ClearPoint Credit Counseling Service at 1-800-750-CCCS (2227)

## IF YOU NEED CHRISTIAN COUNSELING

Christian Care Network of the American Association of Christian Counselors is a national referral network of state licensed, certified, and/or properly credentialed Christian counselors offering care that is distinctively Christian and clinically excellent at [aacc.net/resources/find-a-counselor/](http://aacc.net/resources/find-a-counselor/).

- 1-800-NEW-LIFE (639-5433)
- Speak with a Family Care Specialist 1-800-A-FAMILY (232-6459) Focus on the Family
- Family Life eMentor Ministry 1-800-FL-TODAY [familylife.com/ementoring/get-help/request-an-ementor](http://familylife.com/ementoring/get-help/request-an-ementor)
- 2-1-1: Community resource 211.org
- Child Protective Services (CPS): 1-800-4-A-CHILD
- National Human Trafficking Resource Center 1-888-3737-888
- National Runaway Safeline 1-800-RUNAWAY (1-800-786-2929)
- Crisis Text Line: Text 741741

## HELPFUL BIBLE VERSES IN TIMES OF CRISIS

Compiled by H. Norman Wright

- **Comfort:** Psalm 73:23; John 6:37-40
- **Times of trouble:** Psalm 50:15; John 16:33
- **Anxiety:** Matthew 11:28
- **When you feel weak:** Isaiah 57:15; Ephesians 3:16
- **Fear:** Hebrews 13:6; Psalm 23
- **Peace:** Romans 5:1-8; John 3:16
- **Grace:** 2 Corinthians 12:9
- **Despair:** Psalm 46:1; Ephesians 1:18
- **Depressed:** Psalm 40:1-3; John 10:10
- **Grief:** Psalm 119:28; Revelation 21:3-5; John 11:25; John 14:1-2